A Massive Star’s Dying Breaths

Betelgeuse has been the center of significant media attention lately. The red supergiant is nearing the end of its life, and when a star over 10 times the mass of the Sun dies, it goes out in spectacular fashion. With its brightness recently dipping to the lowest point in the last hundred years, many space enthusiasts are excited that Betelgeuse may soon go supernova, exploding in a dazzling display that could be visible even in daylight.

While the famous star in Orion’s shoulder will likely meet its demise within the next million years — practically couple days in cosmic time — scientists maintain that its dimming is due to the star pulsating. The phenomenon is relatively common among red supergiants, and Betelgeuse has been known for decades to be in this group.

Coincidentally, researchers at UC Santa Barbara have already made predictions about the brightness of the supernova that would result when a pulsating star like Betelgeuse explodes.

Physics graduate student Jared Goldberg has published a study with Lars Bildsten, director of the campus’s Kavli Institute for Theoretical Physics (KITP) and Gluck Professor of Physics, and KITP Senior Fellow Bill Paxton detailing how a star’s pulsation will affect the ensuing explosion when it does reach the end. The paper appears in the Astrophysical Journal.

“We wanted to know what it looks like if a pulsating star explodes at different phases of pulsation,” said Goldberg, a National Science Foundation graduate...
research fellow. “Earlier models are simpler because they don’t include the time-dependent effects of pulsations.”

When a star the size of Betelgeuse finally runs out of material to fuse in its center, it loses the outward pressure that kept it from collapsing under its own immense weight. The resultant core collapse happens in half a second, far faster than it takes the star’s surface and puffy outer layers to notice.

As the iron core collapses the atoms disassociate into electrons and protons. These combine to form neutrons, and in the process release high-energy particles called neutrinos. Normally, neutrinos barely interact with other matter — 100 trillion of them pass through your body every second without a single collision. That said, supernovae are among the most powerful phenomena in the universe. The numbers and energies of the neutrinos produced in the core collapse are so immense that even though only a tiny fraction collides with the stellar material, it’s generally more than enough to launch a shockwave capable of exploding the star.

That resulting explosion smacks into the star’s outer layers with stupefying energy, creating a burst that can briefly outshine an entire galaxy. The explosion remains bright for around 100 days, since the radiation can escape only once ionized hydrogen recombines with lost electrons to become neutral again. This proceeds from the outside in, meaning that astronomers see deeper into the supernova as time goes on until finally the light from the center can escape. At that point, all that's left is the dim glow of radioactive fallout, which can continue to shine for years.
Unlike most stars, Betelgeuse is large enough and close enough for scientists to resolve with instruments like the ALMA telescope.

**Photo Credit:** ALMA (ESO/NAOJ/NRAO)/E. O’GORMAN/P. KERVELLA

A supernova’s characteristics vary with the star’s mass, total explosion energy and, importantly, its radius. This means Betelgeuse’s pulsation makes predicting how it will explode rather more complicated.
The researchers found that if the entire star is pulsating in unison — breathing in and out, if you will — the supernova will behave as though Betelgeuse was a static star with a given radius. However, different layers of the star can oscillate opposite each other: the outer layers expand while the middle layers contract, and vice versa.

For the simple pulsation case, the team’s model yielded similar results to the models that didn’t account for pulsation. “It just looks like a supernova from a bigger star or a smaller star at different points in the pulsation,” Goldberg explained. “It’s when you start considering pulsations that are more complicated, where there’s stuff moving in at the same time as stuff moving out — then our model actually does produce noticeable differences,” he said.

In these cases, the researchers discovered that as light leaks out from progressively deeper layers of the explosion, the emissions would appear as though they were the result of supernovae from different sized stars.

“Light from the part of the star that is compressed is fainter,” Goldberg explained, “just as we would expect from a more compact, non-pulsating star.” Meanwhile, light from parts of the star that were expanding at the time would appear brighter, as though it came from a larger, non-pulsating star.

Goldberg plans to submit a report to Research Notes of the American Astronomical Society with Andy Howell, a professor of physics, and KITP postdoctoral researcher Evan Bauer summarizing the results of simulations they ran specifically on Betelgeuse. Goldberg is also working with KITP postdoc Benny Tsang to compare different radiative transfer techniques for supernovae, and with physics graduate student Daichi Hiramatsu on comparing theoretical explosion models to supernova observations.

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