

UC SANTA BARBARA

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Doubling Down

Over the recent decade, total human impacts to the world's oceans have, on average, nearly doubled and could double again in the next decade without adequate action. That's according to [a new study](#) by researchers from the National Center for Ecological Analysis and Synthesis (NCEAS) at UC Santa Barbara.

Published in the journal *Scientific Reports*, the study assessed for the first time where the combined impacts that humans are having on oceans — from nutrient pollution to overfishing — are changing and how quickly. In nearly 60% of the ocean, the cumulative impacts are increasing significantly and, in many places, at a pace that appears to be accelerating.

“That creates even more urgency to solve these problems,” said lead author [Ben Halpern](#), director of NCEAS and a professor at UC Santa Barbara's Bren School of Environmental Science & Management.

Climate change is a key factor driving the increase across the world, as seas warm, acidify and rise. On top of that, commercial fishing, runoff from land-based pollution and shipping are intensifying progressively each year in many areas of the ocean.

“It's a multifactor problem that we need to solve. We can't just fix one thing if we want to slow and eventually stop the rate of increase in cumulative impacts,” said Halpern.

The study also projected the impacts one decade into the future, based on the rate of change in the recent past, finding that they could double again if the pace of

change continues unchecked.

The assessment provides a holistic perspective of where and how much human activities shape ocean change — for better or worse — which is essential to policy and planning.

“If you don’t pay attention to the big picture, you miss the actual story,” said Halpern. “The bigger picture is critical if you want to make smart management decisions — where are you going to get your biggest bang for your buck.”

Regions of particular concern include Australia, Western Africa, the Eastern Caribbean islands and the Middle East, among others. Coastal habitats such as mangroves, coral reefs and seagrasses are among the hardest-hit ecosystems.

There is an upside to the story, however. The authors did find “success stories” around every continent, areas where impacts have declined, such as the seas of South Korea, Japan, the United Kingdom and Denmark, all of which have seen significant decreases in commercial fishing and pollution.

These declines suggest that policies and other actions to improve ocean conditions are making a difference — although, the analysis does not attribute specific actions to those declines.

“We can improve things. The solutions are known and within our grasp. We just need the social and political will to take action,” said Halpern.

To assess the pace of change, the authors leveraged two previous and similar assessments conducted by several of the same team members and others in [2008](#) and [2013](#), which provided first glimpses into the full, cumulative extent of humanity’s impacts on oceans.

“Previously, we had a good measure of the magnitude of human impacts, but not a clear picture of how they are changing,” said co-author [Melanie Frazier](#), a data scientist at NCEAS.

Frazier was surprised to see in the data how dramatically ocean temperatures have increased in a relatively short period of time.

“You don’t need fancy statistics to see how rapidly ocean temperature is changing and understand the magnitude of the problem,” said Frazier. “I think this study, along with many others, highlights the importance of a concerted global effort to

control climate change.”

About UC Santa Barbara

The University of California, Santa Barbara is a leading research institution that also provides a comprehensive liberal arts learning experience. Our academic community of faculty, students, and staff is characterized by a culture of interdisciplinary collaboration that is responsive to the needs of our multicultural and global society. All of this takes place within a living and learning environment like no other, as we draw inspiration from the beauty and resources of our extraordinary location at the edge of the Pacific Ocean.